

# Norco Montessori Academy

## October 2024-Lunch Menu

| Sun | Mon                                                                                        | Tue                                                                                       | Wed                                                                                   | Thu                                                                                              | Fri                                                                              | Sat                                                                                                           |
|-----|--------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|
|     |                                                                                            | 1<br><i>Cheese Pizza</i><br><i>Lettuce</i><br><i>Melon</i>                                | 2<br><i>Chicken Tacos</i><br><i>Cucumbers</i><br><i>Bananas</i>                       | 3<br><i>Macaroni &amp; Cheese</i><br><i>Green Beans</i><br><i>Applesauce</i>                     | 4<br><i>Cheese Quesadilla</i><br><i>Corn</i><br><i>Apples</i>                    | 5<br><u>Ages 1-2</u><br>Grain 1/2 Oz<br>Veg/Fruit 1/4 Cup<br>Milk 1/2 Cup                                     |
| 6   | 7<br><i>Chicken Nuggets</i><br><i>Rice</i><br><i>Apples</i>                                | 8<br><i>Baked Ziti</i><br><i>Lettuce</i><br><i>Bananas</i>                                | 9<br><i>Turkey &amp; Cheese</i><br><i>Sliders</i><br><i>Cucumbers</i><br><i>Melon</i> | 10<br><i>Teriyaki Chicken</i><br><i>Rice</i><br><i>Applesauce</i>                                | 11<br><i>Bean &amp; Cheese</i><br><i>Burrito</i><br><i>Corn</i><br><i>Apples</i> | 12<br><u>Ages 3-5</u><br>Grain 1/2 Oz<br>Veg/Fruit 1/2Cup<br>Milk 3/4 Cup                                     |
| 13  | 14<br><i>BBQ Chicken</i><br><i>Sandwich</i><br><i>Corn</i><br><i>Applesauce</i>            | 15<br><i>Cheese Pizza</i><br><i>Lettuce</i><br><i>Melon</i>                               | 16<br><i>Chicken Soup</i><br><i>Mixed Veggies</i><br><i>Bananas</i>                   | 17<br><i>Turkey &amp; Cheese</i><br><i>Sandwich</i><br><i>Carrots w/ Ranch</i><br><i>Oranges</i> | 18<br><i>Macaroni &amp; Cheese</i><br><i>Green Beans</i><br><i>Apples</i>        | 19<br><u>Ages 6-12</u><br>Grain 1 Oz<br>Veg/Fruit 1/2Cup<br>Milk 1 Cup                                        |
| 20  | 21<br><i>Chicken Nuggets</i><br><i>Rive</i><br><i>Apples</i>                               | 22<br><i>Spaghetti w/</i><br><i>Ground Turkey</i><br><i>Green Beans</i><br><i>Bananas</i> | 23<br><i>Sloppy Joes</i><br><i>Carrots</i><br><i>Oranges</i>                          | 24<br><i>Turkey &amp; Cheese</i><br><i>Wraps</i><br><i>Cucumbers</i><br><i>Applesauce</i>        | 25<br><i>Taquitos</i><br><i>Corn</i><br><i>Apples</i>                            | 26<br><i>whole unflavored milk</i><br><i>is served to children 1</i><br><i>year of age.</i>                   |
| 27  | 28<br><i>Grilled Cheese</i><br><i>Sandwich</i><br><i>Carrots W/Ranch</i><br><i>Oranges</i> | 29<br><i>Cheese Pizza</i><br><i>Lettuce</i><br><i>Apples</i>                              | 30<br><i>Chicken Tacos</i><br><i>Cucumbers</i><br><i>Bananas</i>                      | 31<br><i>Macaroni &amp; Cheese</i><br><i>Green Beans</i><br><i>Applesauce</i>                    |                                                                                  | <i>*1% unflavored milk</i><br><i>is served to all chil-</i><br><i>dren 2 years of age</i><br><i>and older</i> |